



NM Dental Hygienists' Association 33rd Annual Scientific Session

PROGRAM

September 17 - 18, 2021

FRIDAY, SEPTEMBER 17, 2021

7:30 - 8:15 am: Registration, coffee, breakfast

8:15 - 8:30 am: Welcome from NMDHA President Diana Aboytes, RDH, MS

8:30 - 11:30 am: **"Dental Hygienists: Essential Primary Care Providers"** by Lancette VanGuilder, RDH, BS

With the education and licensure required to provide preventive and therapeutic care to the public, dental hygienists are poised to meet the needs of the public. In the ever-evolving healthcare landscape, with the expansion of healthcare coverage, increased research with the oral systemic link and the epidemic of inflammatory and chronic diseases, the profession of dental hygiene is exploding with opportunities!

Sponsored by Premier®

11:30 - 12:00 pm: Exhibitors

12:00 - 1:00 pm: Lunch; exhibitors open

1:00 - 3:00 pm: **"I Can Breathe Clearly Now"** Protect Yourself and Your Patients with Xylitol
by Julie Seager, RDH, BSDH

This course will include an overview of xylitol's role in oral health then delve into the multidimensional benefits of using xylitol in the nasal and sinus passages and why use of Xylitol Nasal Spray and Sinus Irrigation products is revolutionary approach to keep healthy during cold, flu, and allergy seasons.

Sponsored by XLEAR, Inc.

3:00 - 3:30 pm: Exhibits open

3:30 - 4:30 pm: **"Musculoskeletal Disorders: Still a Pain in the Neck"** by Justine Ponce, RDH, MS

As dental professionals we take on day to day tasks, some days mentally challenged, some days physically challenged, but as you are caring for your patients what are you doing for *YOU*? As a health professional it is important to care for yourself to better provide the highest care needed for your patients. Ergonomics in the work place for a dental professional should involve strategic design and function to ensure better quality of life at work as well as outside of work.

3:30 - 4:30 pm: Educators' Meeting

Friday 7.5. total CEUs



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SATURDAY, SEPTEMBER 18, 2021

8:00 - 8:30 am: Registration, coffee, breakfast

8:30 - 10:00 am: "Your Rights and Responsibilities as a Dental Hygienist Licensee"

by Rebecca Howard, RDH, BS

Most of us likely have a good idea of what our Practice Act allows us to do as licensed Dental Hygiene practitioners. However, what happens if there is a complaint filed against your license? Do you know where to find your rights as a license holder? After this course you will have a better understanding of the responsibility of a being a license holder and the resources available provided by the state agency that grants us the right to fair treatment

10:00 - 10:15 am: Break

10:15 - 10:45 am: Product Presentation "Aerosol Assist"

10:45 - 11:45 am: General Membership Business Meeting. Includes elections, installation and raffle

11:45 - 12:00 pm: Break

12:00 - 1:00 pm: Lunch

1:00 - 2:15 pm: "Making an Impact Now: Community -Based Dental Care"

by Amber Lovatos, RDH, BSDH

As dental professionals we are wired with the desire to make an impact in our community, but often do not know where to begin. This course will provide the learner with strategies for implementing community outreach initiatives including grant writing, funding; also learn about the variety of public health settings.

Sponsored by Crest Oral -B and Paradise Dental Technologies (PDT)

2:15 - 2:30 pm Break

2:30- 4:00 pm "Making an Impact Now: Community-Based Dental Care" continued

Saturday 6.5 total CEU's